

SHERYL CROW  
FOR THE

Clinically  
Depressed



# 1. All I Wanna Do

A poppy 1993 jam off  
of "Tuesday Night Music  
Club" about drinking  
beer and living a  
carefree lifestyle.



## 2. Soak Up the Sun



She's friends with a  
communist! She don't  
have diddly squat!

A really optimistic  
banger from 2002's  
"C'mon C'mon"

Lighten up! (But maybe,  
just maybe, Sheryl's  
crazy, too 😊)

### 3. Everyday is a Winding Road

Honestly some really  
fucking solid life advice.  
Sheryl was out there in  
1996 reminding YOU  
that things might be  
challenging now - but  
you're just getting closer  
to where you need to be.



#### 4. Sweet Child O' Mine

I truly hate GnR to be honest, but this is a damn good cover.

Released in 1998.

## 5. If It Makes You Happy

Sometimes, you just really need to scream and let yourself be sad. This is a personal favorite Karaoke song.

It feels especially poignant to be non-binary and yell that I'm not the kind of girl you take home!

## 6. My Favorite Mistake

This is another sad one that somehow feels optimistic. Sheryl shows she's resilient, and if the guy in question is using her, I feel like she is using him also. It's powerful.

And fun to sing along to.

I didn't fully appreciate  
"going full Sheryl"  
until working at a coffee  
shop in 2018.

Her music especially  
speaks to me when I  
am sad. It usually  
helps.

I hope it helps you, too.

Xoxo Maira M.

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