

time

for

tea

a short guide
to tea timing

♡ maina

5 Minutes:

Black tea

pour the boiling water over the tea leaves, let sit for 5 mins

4 minutes:

Oolong

Kind of like a
black/green hybrid
pour the water over
the leaves (it's
hardier than a
green)

3 minutes:

white tea

green tea

pour the hot
water in FIRST,

let cool a few
seconds, then add
the leaves

greens and

whites are more delicate, so it's important to do the water first, so as not to scorch the leaves!

Herbals:

Since these are not TECHNICALLY "tea", leave 'em in as long as you'd like! I personally love a strong lavender lemon balm mixture 😊

OF COURSE:

you can do
whatever you
want with tea,
depending on ur
flavor preferences

play around with
exact timing and
amounts!

if you want a
strong ICED tea,
make a double
batch in a smaller
cup (leaves-wise)
and then pour
over ice after its
done steeping!

nice!